

# HADASHOT

# חדשות

**12** New Exhibit in the Kiddush Hall

**13** Lovelock Hostage Bridge At JW3

**14** Summer 2024 Camps and Tours

**16** March Events Diary

**25** BRCA Tests Offered on NHS



## WELCOME TO NEW MEMBERS

**Rachel Bond**  
Datchet

**Robert Dew**  
Chapel Wharf  
St Ives Road  
Maidenhead

**David Feldstein**  
Duffins  
Taplow

**Jonathan Fischer &  
Danielle Levy**  
Stonehouse Lane  
Cookham

**Amanda Kirby**  
Dedmere Rise  
Marlow

**Geoff &  
Leanna Lawson**  
Frogmore Lane  
Long Crendon

**Andy Leslau**  
Fairmile  
Henley

**Renée Medmey**  
Helston Lane  
Windsor

## BAR/ BATMITZVAH

**Michael Shrimpton**  
9 March

**Charlotte Lancaster**  
23 March

**Rachel Lewis**  
30 March

## GET WELL SOON

**Carmela Knutton**

**Melanie De Jong**

## CONDOLENCES

**Gary Baigel**  
on the loss of  
his mother

**Simon Greenwood**  
on the loss of  
his father

**Hilary Jones**  
on the loss of  
her father

**The family of  
Anthony Joseph**

**Allen Lewis**  
on the loss of  
his mother

**Brian &  
Martha Reynolds**  
on the loss of  
Rebecca

**Susan Solomon**  
on the loss of  
Alan

## TRAVEL WARNING

Those who come to the Synagogue via Cookham Bridge should note that the bridge is closed from now until March 2024.

## BEST WISHES ON THEIR NEW HOME

**Penny Collins**  
Beaumont Rise  
Marlow

**Matthew Hills &  
Julia Shumway**  
Bois Lane  
Chesham Bois

**Keren Rostholder**  
Church Close  
Crockham Heath

**Amarjit Gill &  
Monica Herzberg**  
Courtlands  
Maidenhead

**Mark Richards &  
Karny Fieldhouse**  
Turnpike Road  
Newbury

## THANK YOU FOR HOSTING KIDDUSH

*If you would like to host kiddush, please get in touch with  
Pauline Keyne at [pauline.keyne@maidshul.org](mailto:pauline.keyne@maidshul.org)*

**Sue Altman**

**Peter &  
Suzanne Codron**  
for Noah's Barmitzvah

**John &  
Susie Dunston**

**Chris &  
Elaine Hine**  
for Elise's  
Batmitzvah

**Robbi Hunter**

**David &  
Rachel Stockdale**  
in memory of  
Rachel's  
Grandmother

**The Friday Night  
Diners**

Q:

I am taking the family to Jerusalem in the summer and I wondered if there is any specific protocol for visiting the Western Wall? In particular, is there a specific prayer we should recite? Is it traditional/necessary to wear a tallit when praying at the Wall and when touching it? Do the girls have to cover their heads when entering the female prayer area to touch the Wall?

A:

When you approach the main area where the Kotel (“the Wall”) is situated, it is traditional to say Psalm 48, as it starts off: “Great is the Lord and highly to be praised in the city of our God” and goes

on to refer to Mount Zion, while it later says (almost as if a guidebook): “Walk about Zion and go round about her. Count her towers and mark her ramparts.”

You could make a photocopy of the Psalm and take it with you, though I believe it is also on a plaque by the main entrance points.

If you prefer something more modern,

Yehuda Amichai’s wonderful poem about Jerusalem, to be found on p. 566 of our current Prayer Book, starts: “Jerusalem is a port city on the shore of eternity” and ends up “Jerusalem is the Venice of God.”

There is no special prayer or blessing you have to say, though there is a blessing for doing something special or

## **ASK THE RABBI**

*If you wish to ask a question, please send it to Rabbi Romain at [rabromain@aol.com](mailto:rabromain@aol.com)*



for the first time that year, so maybe you could say that one (the *shehecheyanu* – which can be found on p. 411 of our current Prayer Book.)

A tallit is worn if you attend a formal daytime service or say some of the daily prayers by yourself, but not just for a visit and a blessing.

As you are aware, the main section of the Kotel is con-

trolled by the Orthodox authorities, so they impose their rules as to women's attire. Women are expected to cover their heads, though only if they are married, while, of course, all women are restricted to the women's section. They also expect a woman's body to be largely covered and for them to be wearing "modest clothing." This all

applies to the main section, though there is a Progressive section where conditions are more relaxed. It is away from that main area, so it is less atmospheric. To find the Progressive section, if you are facing the main wall, it is to the far right (head to the Archaeological Garden in the southern section of the Wall).

Enjoy!

# Ki Tisa

By Shel Musiker

The Torah portion for 2 March 2024 is Ki Tisa, and we will be focusing on Exodus 32:1-14.

This is one of the most famous Biblical stories, ‘The sin of the golden calf.’ As is so often the case when discussing the bible, being a famous story does not necessarily imply that its meaning is obvious upon the first reading.

So, let’s refresh our memories. Moses is atop Mount Sinai for 40 days and 40 nights. At the end of this period, he fails to return, so the people demand of Aaron a new G-d. A golden calf is produced, the people bowed and prayed, and G-d is not very impressed. Let’s not forget just be-

fore this incident, G-d gave two tablets of stone containing the Ten Commandments engraved by the finger of G-d to Moses!

Now, it is the nature of most humans that we tend not only to learn, but also to absorb life’s lessons as a result of hard times versus times of plenty. I have, at times, fallen into life’s challenges, and I am sure most of you have your fair share of stories to tell. Let me ask, in your story, is it how you feel, or is it about how you raised yourself up that you focus upon?

If you were one of the Israelites caught up in the making of the golden calf, what would you want

**Parashah Ki Tisa** – Exodus 30:11–34:35. This parashah tells of building the Tabernacle, the incident of the golden calf, the request of Moses for G-d to reveal G-d's Attributes, and how Moses became radiant.

future generations to take away from your experience?

Many rabbis would note that the name of the Torah portion is indicative of its overall meaning. The name 'Ki Tisa' is related to a half-shekel contribution everyone brought. As well as raising funds for communal projects, it enabled Moses and the leadership a means to take a census. Simply put, if everyone gives a coin, you just count coins, and there's your headcount.

The name 'Ki Tisa' can also mean to raise or lift up. Now this phrase appears in Exodus 30:12 and by employing our alternate meaning, "When you lift up the

heads of the children of Israel", we learn that the sin of the golden calf ultimately led our ancestors and us to atonement and forgiveness.

The Torah reminds us that setbacks are 'golden' opportunities to raise ourselves up to greater heights than we previously thought possible.

**Please join us for the  
Torah Breakfast at 9:15 am  
on 2 March 2024.  
Coffee and tea are available.  
No RSVP is necessary.**

## WHAT IS PURIM?

Purim, a joyous Jewish festival celebrated on the 14th day of the Hebrew month of Adar, commemorates the salvation of the Jewish people from Haman's plot to annihilate them in ancient Persia.

The history of Purim is primarily derived from the biblical Book of Esther.



## JOIN IN THE PURIM FUN

### HOW DO WE CELEBRATE?

The celebratory customs include dressing up for the Purim service, giving to charity, exchanging gifts (*mishloach manot*), sharing festive meals, and partaking in lively Purim plays and parades.



## Ganon hamantaschen

from Sheila Veniar

*Purim is always our favourite festival at Ganon, and every year as well as dressing up and seeing Haman off, the children enjoy making hamantaschen.*

### Pastry ingredients

- 3oz/75g butter
- 2oz/50g white vegetable fat, e.g. Trex
- 4oz/110g self-raising flour
- 4oz/110g plain flour
- 1 tbsp icing sugar
- 1 egg yolk
- 2 tbsp water

### Filling

- chocolate chips (the most popular filling with the little ones!)
- apricot or strawberry jam
- glaze
- 1 egg white

Cut the fats into cubes and rub into flour, either by hand or using a food processor, until the mixture looks like bread crumbs. Add the icing sugar. Blend the egg yolk with the water and add this to the mixture.

Form into a ball and knead lightly until smooth. Chill for 30 minutes.

Preheat oven to 200°C/400°F/Gas 6. Roll out the pastry on a surface dusted with icing sugar and cut out three inch circles.

In the middle put a spoonful of your chosen filling and then fold the sides to form a triangle shape. Pinch the edges together and put on a lined baking tray.

Whisk the egg white and paint over the hamantaschen. If desired, they can then be sprinkled with a little granulated sugar before baking for 20 minutes until golden brown.

**From: *Have you eaten?* Maidenhead Synagogue Cookbook, page 95**



## **PURIM SERVICE** **Sunday 24 March at** **11:30 am to 12:30 pm**

Everyone is welcome!

Join us for this festival that combines very serious themes with lots of fun. Remember to come in fancy dress or silly hat ... or be liable to pay an embarrassing forfeit. Also, bring a noise-maker!

Religion School classes will start as normal at 10 am and will finish at 11:30 am in time for the service.

Parents who are dropping off children for the classes are welcome to stay for the service. While waiting, you can work in the library or chat/read the papers in the café area.



### **THE PURIM STORY**

During King Achashverosh's reign (Xerxes I) in the 5th Century BCE, Haman, a royal advisor, plotted to exterminate Jews in the Persian Empire due to Mordecai's refusal to bow.

Haman cast lots, or 'Purim' in Hebrew, to determine the massacre day.

Esther, a Jewish orphan raised by Mordecai, became queen through a twist of fate. Mordecai uncovered

the plot, urging Esther to intercede. Despite risks, Esther courageously approached the king, revealing Haman's plan, which led to the wicked advisor's downfall.



# HUMANITY'S CHOICE

Peter Beyfus

*A poem written for Holocaust Memorial Day 2024*

What other species takes delight in embracing destruction as its fate?

But humankind, the pinnacle of creation, thirsts for blood;

And down the ages the “other” has been the target of hate;

A Luciferian curse that formed humanity’s DNA

from before the flood.

Hubris is no respecter of race, creed or gender,

claiming the “I” as supreme;

While the majority remain silent, as if lulled and dizzied by rhetoric.

The bell rings out the litany of crimes too monstrous to even dream;

Innocent folk, like you and me, free today but tomorrow, philosophic.

Atrocities have names, flickering images of countless lives lost;

Armenians, Romanies, Jews, Poles, Russians,

Rwandans, Bosnians have been slain;

To cite those etched on our memories but many more,

covered in time’s frost.

And the mantra we hear “Never again, never again, never, never again!”

Believe it, pray for it, but know easier said than achieved;

And yet we have more than a mere spark of God within;

Let that grow and banish the raucous voices of hatred.

Be ever watchful, hope is not enough to ward off the demagogue’s sin.

# Pesach 2024



**APRIL**



**2024**

**THE SEDER BOOKING FORM AND  
THE KOSHER SHOP PESACH ORDER FORM  
WILL BE IN THE  
APRIL ISSUE OF HADASHOT.**

These will need to be completed and returned promptly.

**SUN  
21**

**YOUNG FAMILY  
SEDER @ 3 PM**

↘ Perfect for children under 8 years old.

**TUE  
23**

**COMMUNAL SEDER  
@ 7PM**

↘ Enjoy this festive meal with your shul friends.

**For more information:**



**[admin@maidshul.org](mailto:admin@maidshul.org)**



## JUBILEE LECTURE

14 April  
8 pm

The David Baddiel Jubilee Lecture has already sold out!

Due to unprecedented demand, we may be able to arrange online access.

If you are interested, please email the office at [admin@maidshul.org](mailto:admin@maidshul.org)

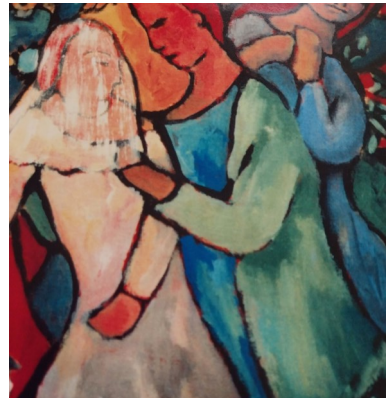
## NEW EXHIBIT IN THE KIDDUSH HALL

The new art installation in the Kiddush Hall features works from Rhoda Hodes (1932-2014). She was the mother of Maidenhead member Tamar Hodes.

Born in Oudtshoorn, South Africa, Rhoda lived on a kibbutz in Israel, on the island of Hydra and in North London, before settling in Pembrokeshire.

Her bold and expressive paintings explore many subjects: Biblical stories, landscapes, portraits and flowers. Her work was exhibited all over the world including the Ben Uri Gallery in London.

The exhibition in the Kiddush Hall features originals and prints. Everything will be for sale.



# LOVELOCK HOSTAGE BRIDGE

Elizabeth Prais

I visited this innovative and moving art installation outside of JW3, the Jewish Community Centre in London, on 11 February, shortly after it opened to the public.

Conceived by Marcel Knobil, Lovelock Hostage Bridge was designed to bring continued attention to the plight of the hostages held since 7 October.

The entry bridge to JW3 is now fitted with padlocks displaying hostages' names, as well as padlocks signed by hostage family members. Members of the public are invited to add their own padlocks.

Lovelock Hostage Bridge is located at JW3, 341-351 Finchley Road, London NW3 6ET. It is open from 10 am to 10 pm Sunday to Thursday and will remain in place until all the hostages are all released.

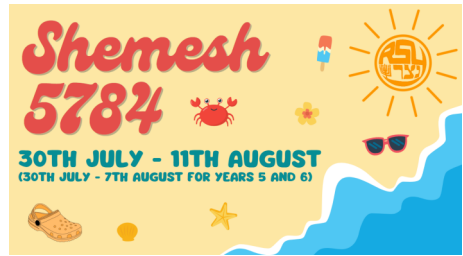


# HAVE A FUN-FILLED SUMMER 2024

Near or far, there are loads of adventures available for Jewish youth this summer. Don't miss out – be sure to book your place with RSY today! Full details about our own Kaytana will be in the April *Hadashot*.

## YOUTH SUMMER CAMPS YEARS 5–10

Reform Synagogue Youth is organising a number of different summer camps in England in July/August for individual year groups from School Years 5 to 10. Those from Maidenhead who went on them last year had a fantastic time.



Places tend to fill up very quickly, so see the RSY website:

<https://rsy-netzer.org.uk/our-events/shemesh/>

## YOUTH SUMMER TOURS (YEAR 11)

There will be an educational trip to Prague, Vienna, Budapest and surrounding areas exploring Jewish life and history (15-28 July). Depending on the situation, there may also be a trip to Israel (7-16 July). For info visit: <https://rsy-netzer.org.uk/> or contact: [admin@rsy-netzer.org](mailto:admin@rsy-netzer.org)



MAIDENHEAD SYNAGOGUE



# KAYTANA

## *Day Camp*

NON-RESIDENTIAL SUMMER CAMP  
FOR OUR YOUNG MEMBERS  
AGED 3 AND UP TO YEAR 8

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**29 JULY TO 2 AUGUST**

SEPARATE PROGRAMS FOR THE LITTLE AND  
OLDER ONES — AND THOSE IN-BETWEEN

# MARCH EVENTS DIARY

## MONDAYS

### ADULT EDUCATION

7:30 pm – Hebrew

8:30 pm – Examining the Books of the Bible

## WEDNESDAYS

### WEDNESDAY SOCIAL

From 11:30 am

This mid-week social is for our Senior Members. Come along each week and enjoy a three-course lunch, games, gentle exercises, or relax and have a chat over a cup of tea with friends. And, if you have something to celebrate, this is a special invitation for you – we love to celebrate all birthdays and other things, too!

For further information, please contact Agnes Fixler at [admin@maidshul.org](mailto:admin@maidshul.org) or on 01628 673012.

## THURSDAYS

### GANON NURSERY

10 am — 2½ to 5 years old

### MOTHERS & BUMPS/ BABIES/TODDLERS

From 10 am

Feel free to come regularly or periodically. Bring along any special toys, snacks or other essentials.

For any further details, contact Julia at [juliashumway@gmail.com](mailto:juliashumway@gmail.com)





## **TORAH BREAKFAST**

**Saturday 2 March at 9:15 am**

Discussion Group

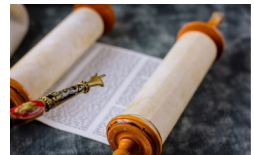
Join us before the Shabbat service on 2 March for an in-depth discussion of the portion Ki Tisa – Exodus 30:11–34:35. Coffee and tea are available. No RSVP is necessary. See [page 6](#) for details.



## **SHABBAT SERVICE**

**Saturday 2 March at 10:30 am**

Taken by the Bar/Batmitzvah Class Parents



## **THE FORUM**

**Sunday 3 March at 10:15 am**

Discussion Group



The Forum is a lively discussion group at Grenfell Lodge focusing on a Jewish topic and is led by **John Dunston**. There will be a 30-minute break during the discussion at 11:15 am. If you have any questions, please email John at [johnhdunston@gmail.com](mailto:johnhdunston@gmail.com)

## **MUTUAL SUPPORT GROUP FOR THOSE**

**BEREAVED OR DIVORCED**

**Monday 4 March at 3 pm**

Support Group

If you have been through a bereavement, or a divorce, do join us. For more information, contact Rabbi Romain at [rabromain@aol.com](mailto:rabromain@aol.com)

*New attendees should arrive no later than 2:45 pm.*



## MUSICAL SERVICE

**Friday 8 March at 8.30 pm**

Erev Shabbat Service



Experience the magic of music in this special Erev Shabbat service. Drums, guitars, and new songs will have toes tapping, hands clapping and spines tingling. The power of music is soul-touching when combined with worship. Our special musical Erev Shabbat service is a wonderful way to usher in Shabbat. Come along and join us!

## MICHAEL SHRIMPTON

**Saturday 9 March at 10:30 pm**

Barmitzvah

My name is Michael Shrimpton, my mom is Israeli, and my father is British. I live in Maidenhead and attend Cox Green Secondary School.

My favourite things to do are to swim, play tennis and play on my computer online with my friends. I also love visiting my family in Israel and always look forward to them coming to visit us here in England.



I think I am lucky to be part of a family from different cultures and religions as I get to celebrate multiple different holidays and enjoy different traditions.

I have been part of the Maidenhead Synagogue since I was 2.5 years old and have made great friends over the years.

For helping me to prepare for the Barmitzvah, this important event in my life, I would like to thank Tony, Jonathan and my mom.

## **ISRAELI DANCING**

**Thursday 14 and 28 March at 7 pm**

Dance and Fun!

Whether you are experienced or a complete novice, come and join in the fun! For more information, please contact **Varda Parash** on 07970 869591 or email [varda.parash@btinternet.com](mailto:varda.parash@btinternet.com)



## **FRIDAY NIGHT DINNER**

**Friday 15 March at 6:30 pm**

Communal Meal

Why celebrate Shabbat on your own when you can be with other members of the community – great company awaits you!

Please bring a starter, main course or dessert to share after letting Sue Kayne know that you're joining us. Call her on 07788 882929 or email [susankayne3@gmail.com](mailto:susankayne3@gmail.com)



## **TOGETHER WE ARE ALL STRONGER SHABBAT**

**Saturday 16 March at 10:30 am**

Meet new people, catch up with friends, participate in a rousing discussion and enjoy Kiddush.



Join us for this month's "Together We Are All Stronger Shabbat". This month's topic will be sent in the weekly email nearer the date.

## JAZZ EVENING

**Saturday 16 March at 7:30 pm**

Fundraiser for Marie Curie at Grenfell Lodge

Join us for a jazz extravaganza evening. Sheena Caprice and Ken Fitt will be performing some of the great jazz numbers. Attendees will be treated to Sarah Vaughan's music and hear some of the contributions to the jazz genre made by the great Jewish composers. The evening promises to be equally entertaining and informative.

The £15 per person ticket includes light refreshments and soft drinks. Wine will be available in exchange for a donation.

For catering purposes, it's essential to book, so please BACS your payment by sending it to Account Name: Maidenhead Synagogue, Sort Code: 40-31-05, Account Number: 8176 5620

It is vital you put in the reference section: 'JAZZ/your surname' AND email us at [admin@maidshul.org](mailto:admin@maidshul.org) to let us know you have sent it. **Your name will go on the guestlist; a ticket will not be sent to you.**

**All profits for the evening will go to Marie Curie.**



**IN AID OF  
Marie  
Curie**

## **WOMEN'S INTERFAITH GROUP (WAMCF)** **Monday 18 March at 7:30 pm**

Ladies of all faiths or none are welcome to come along and share refreshments. Location: to be confirmed.

For details closer to the date, please contact Barbara Grossman on 07855 801937 or email her at: [projects@maidshul.org](mailto:projects@maidshul.org)



## **BACKGAMMON**

**Wednesday 20 March at 2 pm**

Grenfell Lodge – Elvira's Room



Whether you're a complete beginner, novice or experienced player come along and either learn how to play this fascinating board game or play in a mini tournament with other players at your level. **Anyone interested, please email Irving Lomon at [irving.lomon@gmail.com](mailto:irving.lomon@gmail.com)**

## **T GROUP: THIRD THURSDAY TEA & TALK AT TWO**

**Thursday 21 March at 2 pm**

Coffee, Java, or Joe

Peter Wilkinson will be revisiting his light-hearted look at the way in which this country and the rest of the world were changed by the introduction of coffee.

If you would like to come for lunch beforehand at 1 pm for heart-warming soup and bread, please contact Barbara Grossman before Thursday 21 March by emailing her at [projects@maidshul.org](mailto:projects@maidshul.org)



## TIDDLERS' SERVICE

**Friday 22 March at 4:30 pm**

3 to 7 year olds

March's theme is Purim!

The Tiddlers' Service is specially for children in the 3 to 7 age group. Siblings and parents are welcome to join! Please contact Sheila Veniar at [sheilaveniar@gmail.com](mailto:sheilaveniar@gmail.com) for more information.



## EREV SHABBAT SERVICE

**Friday 22 March at 8:30 pm**

Taken by the Bar/Batmitzvah Class



## CHARLOTTE LANCASTER

**Saturday 23 March at 10:30 am**

Batmitzvah

My name is Charlotte, I live in Oxfordshire and go to Bloxham School. I like arts and crafts, netball and particularly Drama and recently had the opportunity to play a role in *Shrek the Musical* at school which I really enjoyed.

My favourite subjects at school are Art and PE. I like playing Goal Shooter in netball and any attacking position in hockey.

I have found studying for my Batmitzvah interesting but also challenging and would like to thank my Mum and Dad, and especially Tony for being so patient with me.



## **PURIM SERVICE**

**Sunday 24 March at 11:30 am**

See page 9 for full details



## **RACHEL LEWIS**

**Saturday 30 March at 10:30 am**

Batmitzvah

Hello, my name is Rachel Lewis and I am having my Batmitzvah on 30 March 2024. I love drama, and I have recently been involved in a school play called *Guys and Dolls* which was a lot of work.

Another one of my favourite subjects is History. Ever since I was little I have wanted to be an archaeologist. Apart from that I love playing football with my sister and my dad which I enjoy. We try to do it every Saturday which really gets me out of my house. We enjoy the fresh air!

I would love to give a big thank you to Tony, who has helped me prepare for my upcoming Batmitzvah. I would also like to thank the Rabbi for also preparing us in class for it.

Last, but not least, I would like to thank my family (mum, dad and sister) for supporting me throughout my journey for preparing for my Batmitzvah.



**Do you know someone  
Jewish in your area?**

**The Rabbi would like to know!**

Perhaps they are new to the area, in a mixed faith marriage or firmly claim to be lapsed. They will receive a copy of *Hadashot* and a letter of introduction from Rabbi Romain. He will not reveal his source; you will remain anonymous.



## UPCOMING EVENTS

### **BUENOS KLEZMER**

**Thursday 4 April at 8 pm / Tickets £16**

Norden Farm

Vocalist Maya Levy weaves a fascinating tale of these long-ago worlds while clarinettist Livia Frankish wails, guitarist Eyal Pik serenades and cellist Mayda Narvey cajoles.

The band's debut in 2019 saw them playing to sold-out audiences with standing room only.

Join your shul friends for a truly magical evening. To purchase tickets, please book direct with the Norden Farm Box office 01628 788997 or at <https://nordenfarm.org>



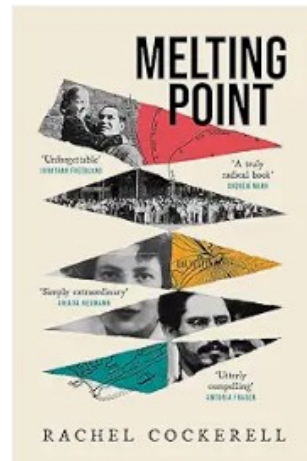
### **COMBINED BOOK CIRCLE AND T GROUP**

**Thursday 16 May at 7 pm**

Come for soup before the talk!

Please save the date. Rachel Cockerell will be at Maidenhead Synagogue to talk about her new book: *Melting Point: Family, Memory and the Search for a Promised Land*. It is a groundbreaking family history for fans of Edmund de Waal and Philippe Sands.

Heart-warming soup and bread will be served at 7 pm followed by Rachel's talk at 7:30 pm. If you would like to join us for soup, please contact Barbara Grossman before Thursday 16 May by emailing her at [projects@maidshul.org](mailto:projects@maidshul.org)





## PEOPLE IN ENGLAND WITH JEWISH ANCESTRY TO BE OFFERED BRCA TEST

Tens of thousands of people in England with Jewish ancestry, who have a higher risk of developing certain cancers, are to be offered a genetic test on the NHS.

People with Jewish ancestry are about six times more likely to carry faults in their BRCA genes than the general population. The new scheme forms part of a national drive by health leaders to identify more people with a higher risk of cancer, in an effort to spot and treat the disease earlier.

BRCA refers to two genes, BRCA1 and BRCA2, which repair DNA damage and normally help to protect against cancer. Some people are born with a fault in one of the genes, which increases their likelihood of developing certain cancers, including breast, ovarian, prostate and pancreatic cancer.

A fault in one of the BRCA genes affects about one in 400 people, but the NHS said people with Jewish ancestry were six times more likely to carry the faults.

NHS England is introducing a

national BRCA gene testing programme to pick up changes that push up cancer risk, with anyone over 18 with Jewish ancestry offered a simple saliva test. Saliva samples are done at home and then sent to a lab for testing.

Anyone with a Jewish grandparent can register for a saliva kit to be sent to them by visiting <http://jewishbrca.org>

The programme aims to identify thousands more people carrying faults in the BRCA genes over the next two years. These people would be able to have regular scans to check for tumour growth and access treatment more quickly if necessary.

NHS England expects to test about 30,000 people over the next two years.



## SUPPORT FOR MEMBERS

*One of the most positive aspects of belonging to our community is the wide range of support options available to members. If you feel in need of support, of any kind, not just those listed below, please get in contact with Rabbi Romain who will be able to advise on options for help. **Rabbi Romain can be reached on 01628 671058.***

### **SHALOM COUNSELLING SERVICE**

This confidential service, staffed by trained Counsellors who are members of the Synagogue, can offer support in understanding your situation and help you explore ways to cope with life's difficulties. Please contact Rebecca Senel on 01491 579446 or Rabbi Romain on 01628 671058 who will discuss the next steps with you.

### **MAIDENHEAD SYNAGOGUE CARE SCHEME**

Do you need any help getting to a doctor's appointment or help with the shopping? Feel lonely and need a visitor? The Synagogue runs its own Care Scheme to help members of the community in whatever way. Contact Lucy Henning on 01753 624977.

### **TELEPHONE CHATLINE**

To talk to a member of the community, no matter what the reason, call Pauline Glendinning on 01869 345845.

### **MUTUAL SUPPORT GROUP FOR THOSE BEREAVED OR DIVORCED**

If you have been through a bereavement, or a divorce, which can have similar consequences in many respects, do join us for an informal chat at the Synagogue on the first Monday of the month at 3 pm. Often mixing with people in a similar situation can be a great tonic.

**Please contact Rabbi Romain on 01628 671058 for more information.**

**Rabbi Dr Jonathan Romain:**  
01628 671058  
[rabromain@aol.com](mailto:rabromain@aol.com)

**Maidenhead Synagogue:**  
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Ray Park Road  
Maidenhead  
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The office is staffed  
Monday to Thursday.

**Synagogue Website:**  
[www.maidshul.org](http://www.maidshul.org)  
Forgotten your password?  
Click on *Members Area* and  
press *Reset Password* and enter  
your email address.  
For any problems email:  
[admin@maidshul.org](mailto:admin@maidshul.org)

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## HADASHOT

is the monthly community magazine of  
MAIDENHEAD SYNAGOGUE

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Editor: Elizabeth Prais

Email: [hadashot@maidshul.org](mailto:hadashot@maidshul.org)

Submissions are welcomed from all  
sections of the community, but **we  
reserve the right to edit all  
contributions.**

- Material should be provided as  
a Word Document and photo-  
graphs as jpg files.
- Articles for publication in  
*Hadashot* should normally be  
between **150 and 200 words in  
length.**
- Copy deadline is the 8<sup>th</sup> of the  
month preceding the issue date.

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Maidenhead  
Synagogue is a  
member of the  
Movement  
for Reform  
Judaism.



# MARCH 2024 SERVICES

Friday	1st	7:30 pm	Family Service
Saturday	2nd	9:15 am	Torah Breakfast
		10:30 am	Shabbat Service taken by the Bar/Batmitzvah Class Parents
Friday	8th	8:30 pm	Musical Erev Shabbat Service
Saturday	9th	10:30 am	Shabbat Service & Barmitzvah of Michael Shrimpton
Friday	15th	8:30 pm	Erev Shabbat Service
Saturday	16th	10:30 am	Shabbat Service – Shabbat Together
Friday	22nd	4:30 pm	Tiddlers’ Service (under 7s)
		8:30 pm	Erev Shabbat Service taken by the Bar/Batmitzvah Class
Saturday	23rd	10:30 am	Shabbat Service & Batmitzvah of Charlotte Lancaster
Sunday	24th	10 am	Religion School – last day of term
		11:30 am	Purim Service
Friday	29th	8:30 pm	Erev Shabbat Service
Saturday	30th	10:30 am	Shabbat Service & Batmitzvah of Rachel Lewis

**Please see pages 16-23 for the full listing of March 2024 events.**

Mondays	7:30 pm	Hebrew – Adult Education
	8:30 pm	Bible – Adult Education
Wednesdays	11:30 am	Wednesday Social
Thursdays	10 am	Mothers & Bumps/Babies/Toddlers
		Ganon: 2 ½–5 years old

All services at Grenfell Lodge are now in-person and livestreamed. Visit [www.maidshul.org](http://www.maidshul.org) – the link is in the upper-right corner of the homepage.

To access Zoom Kiddush for both Erev Shabbat and Shabbat mornings immediately after each service  
**Meeting ID: 963 7834 1361 & Password: 891244**